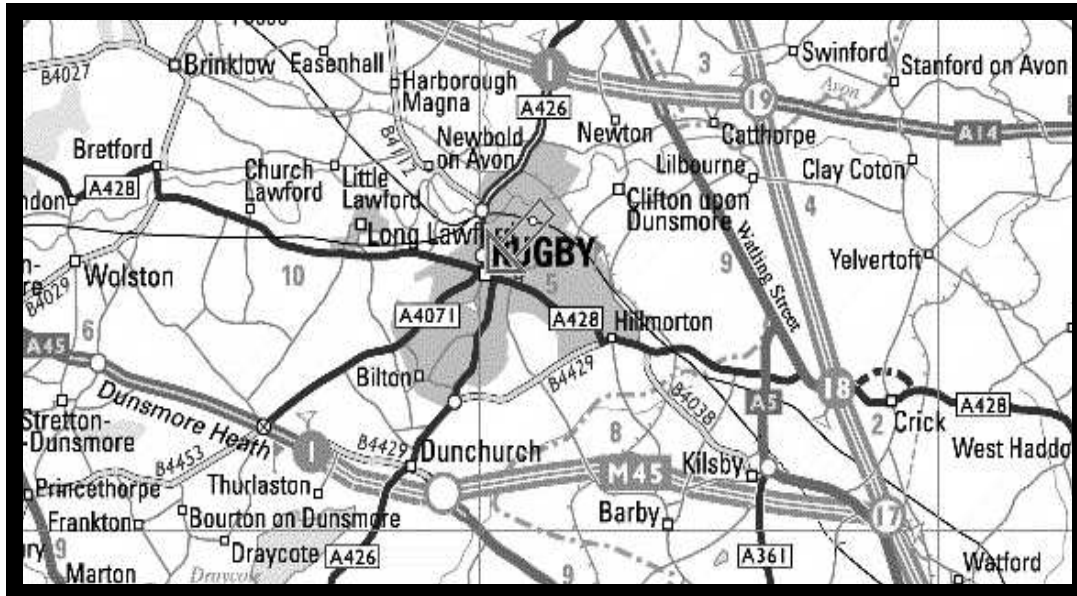


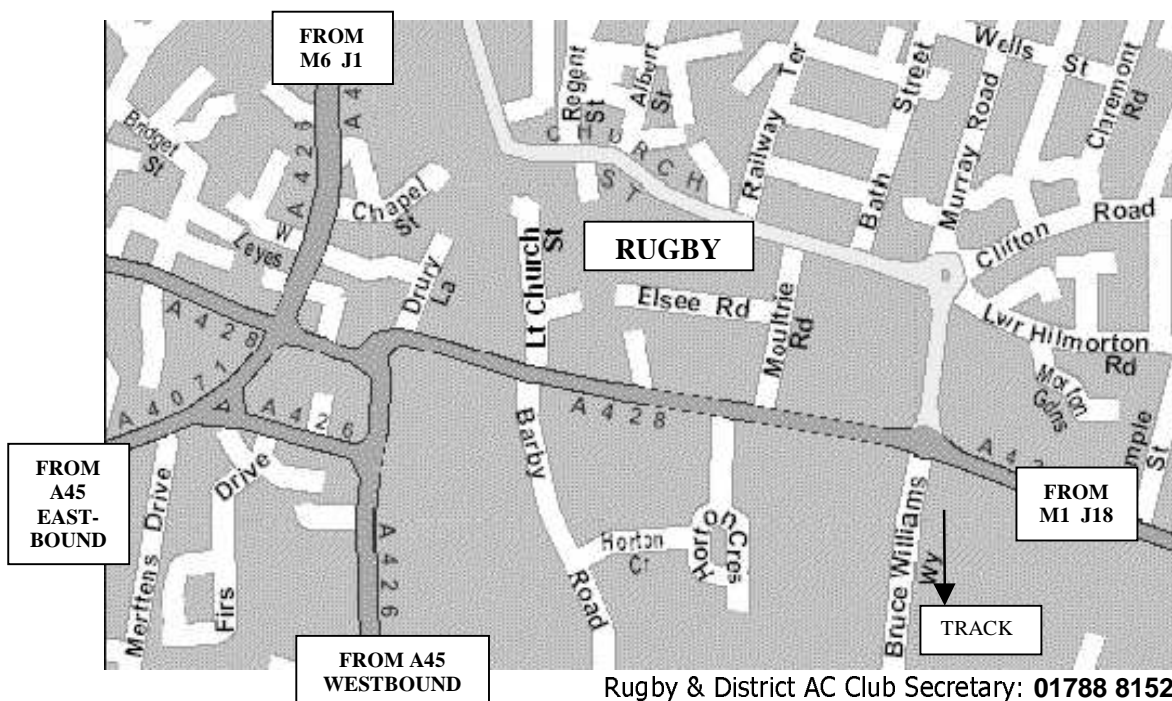
## DIRECTIONS TO RUGBY & DISTRICT ATHLETICS TRACK WARWICKSHIRE



**From M1, Junction 18.** Take the A428 to Rugby/Coventry. Follow into Rugby for approximately 3 miles. After 1st set of traffic lights, the Athletics track is signposted LEFT at the next roundabout into Bruce Williams Way.

**From M6, Junction 1.** Take A426 to centre of Rugby, (pass Police Station on left) then follow A428 to Northampton, which will take you past Ruwgbg School. At the first roundabout, Athletics Track is signposted to the RIGHT, into Bruce Williams Way.

**From A45.** Take A4071 from North or A426 from Dunchurch from South, to centre of Rugby. Then follow A428 to Northampton, past Rugby School. At first roundabout, Athletics track is signposted to the RIGHT, into Bruce Williams Way.



Rugby & District AC Club Secretary: 01788 815289